
Subject: Re: running program at different speeds
Posted by [dolik.rce](#) on Wed, 08 Aug 2012 07:54:08 GMT
[View Forum Message](#) <> [Reply to Message](#)

varu wrote on Wed, 08 August 2012 08:53Dear Sir,

Is there any way to run my loop in my program at different time period in core console app..for example i want to run my program every 10ms only instead of the speed at which is running now..

thanks
varun

Hi Varun,

I'm not sure if I understand correctly, but to slow down any loop, you can just insert call to `Sleep(int ms)` in it. E.g.:

```
while(work_not_done){
```

```
    //do something
    Sleep(10); // wait ~10 ms before continuing
}
```

`Sleep` is defined in `Core` package, so it can be used in any application. If you are using `Threads`, there is also similar function `Thread::Sleep()`.

Best regards,
Honza
