My best idea so far is something like this:
1- A ToolBar is linked to a ctrl (the only one that it can be attached to), and then added as a frame normally.
2- Dragging the handle on the ToolBar tears it off and it is displayed as some sort of draggable popup (oddly, even Microsoft uses popups for this and I've already got all the necessary code).
3- When being dragged you have two options:
    - if dragged to an edge of the owning ctrl you can add it as a new frame (this does stacking)
    - if dragged over another toolbar it can be added to it as a child
This seems to solve most of the obvious problems, although I'm sure it won't be as easy as it sounds (frame ordering could be a problem, as will containing toolbars in other toolbars).

I've never (knowingly) seen ToolKit Pro, can you give me a rough idea what you mean?