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Subject: Re: howto best Ctrl Refresh handling w/ MT & very frequent refreshes  
Posted by [kohait00](#) on Tue, 22 Jun 2010 15:36:00 GMT

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Quote:

(or by using PostCallback).

this is actually what i am using. my timer function just postcallback's the refresher function, just to be sure that the main thread executes it in plain workflow, without sideeffects.

thus i could drop cpu usage about 80 %. thats not bad , just like in your example.. impressive

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