Hi. I use this shop (in Russia):
  http://chipster.ru/catalog/microcomputers/raspberry/3482.htm I

Model;3.2" Waveshare(A) V4 Raspberry Pi Touch Screen Display Monitor 320x240 LCD
Screen chipset:XPT2046

Manual How to setup.
  http://www.circuitbasics.com/setup-lcd-touchscreen-raspberry -pi/

It's start very simple. Only follow instruction.

There are 3 hard buttons on top of the screen, which can access by wiringPi library (present in raspibian repository)

Library wiringPi (http://wiringpi.com/dev-lib/lcd-library/) work as is in U++ without any middle code. Programming very simple, same as Arduino WiringC++.