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Subject: Re: [1st Usable Version] Traylcon for Linux Version 0.5

Posted by [gprentice](#) on Fri, 13 Oct 2006 11:16:52 GMT

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nicomesas wrote on Sat, 14 October 2006 00:08Quote:What is meditation? Does it do anything apart from give you a wide awake mind?

That is a difficult question. It helps me to concentrate to me. But I believe that this it is not the best forum to speak about this.

Nico

True, though you don't need to worry coz the forum moderator's gone AWOL (he's probably in a monastery meditating). Thanks though.

Graeme

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