you can simply check eg docs "Ok/cancel" dialogs images.
Old style of "Ok" or "Ok / Cancel" dialogs are more win7/xp 3D style,
while new ones are simply more w10 like - flat.
Is there a way to use that older win7/xp 3D look for new apps?
Sometimes i use flat look, but sometimes i prefer older 3D controls theme.

Does maybe upp follow native style/theme statically(on machine/os on which is compiled)
or dynamically(on machine/os on which is run)?
I don't think so, since older upp versions had same look everywhere - eg on linux/windows.

This was tested on a few linux distros and it's the same flat/w10 look everywhere.