Posted by jjacksonRIAB on Thu, 14 Sep 2023 10:18:19 GMT

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Mirek,

If I set it back to Sleep(0) and then change Sleep(100) to Sleep(1000) in IsBackgroundThread() I get a spike of up to 3-5% (22-33% of a core) every few seconds and then it drops back to nothing.

IsShutdownThreads only appears to return true at TheIDE exit and the for loop at the end seems to be executing once every second.

Could this be related?

 https://stackoverflow.com/questions/1125297/nanosleep-high-c pu-usage

I realize this is from 14 years ago but that code hasn't changed in a very long time either.