Make than "netBEANS" (http://www.netbeans.org/)

However, if you don't already have the Java JDK, I suggest you get the JDK 6 from
http://java.sun.com/javase/downloads/index.jsp (130MB!) - the linux install is painless on Fedora
6. Then, add the C/C++ plugin http://www.netbeans.info/downloads/index.php?rs=11&p=7

Cheers,
Fil

P.S. U++ ide is a LOT smaller than that - see what I mean about table of "advantages"?